

Durham Public Schools Medical History Athletic Participation Form

This form should be completed by parent or guardian *prior* to the physical examination and *taken* to the physician for review when the physical examination is given.

Student Information:

Name: _____ Grade _____
 Address: _____ City: _____
 State: _____ Zip: _____
 I intend to play the following sport(s): _____

I certify that all the information is correct, and I agree to abide by the eligibility rules and regulations of my school and the North Carolina High School Athletic Association.

Parent/Guardian Information:

Name: _____ Relationship: _____
 Telephone Numbers: _____
 Home Work Cell
 Emergency Contact: _____
 Home Work Cell

Student's Physician: _____ Phone Number _____
 Address of Attending Physician

Student's Social Security Number: _____ Date of Birth: _____

Please explain any answers to questions 1-15 in the "yes" column below.

Yes	No	
___	___	Have you ever had any of the following? Broken bones _____ weak joints-ankles, knees _____ <i>spinal injury</i> _____ Seizures or epilepsy _____ concussions _____ operation _____ Shoulder or neck pain such as a "burner" or "stinger" Injury or illness that excluded athletic participation previously Heat or muscle cramps
___	___	
___	___	
___	___	

Cardiovascular History:

___	___	Have you ever fainted or passed out?
___	___	Have you ever had a chest pain or discomfort with exercise?
___	___	Have you ever had to stop running or exercising because of chest pains or shortness of breath?
___	___	Have you ever had excessive, unexpected or unexplained shortness of breath associated with exercise?
___	___	Have you ever had excessive, unexpected or unexplained fatigue associated with exercise?
___	___	Have you ever been diagnosed with a heart murmur?
___	___	Have you ever had high blood pressure or hypertension?
___	___	Has any family member died prematurely (before age 50) sudden – health related?
___	___	Is there any family history of significant disability due to cardiovascular disease in a close relative less than 50 years of age?
___	___	Do you have any specific knowledge of the occurrence of specific cardiovascular condition such as: Hypertrophy cardiomyopathy, dilated cardiomyopathy, long QT syndrome, Mar fan Syndrome, or clinically important arrhythmias?
___	___	Do you get tired more quickly than your friends during exercise?
___	___	Have you ever been knock out?
___	___	Have you ever been hospitalized?
___	___	Have you ever had significant allergies to:
___	___	Bee strings
___	___	Foods
___	___	Medicine
___	___	Other?
___	___	Do you have prescription use for Adrenaline, Inhaler, or other allergy medicine?
___	___	Do you have asthma
___	___	Do you take any medicine/supplements regularly?